



wash bugs away with the
WASH YOUR HANDS SONG!
sing the song, or play along

G G C C C C C C B C D

If you're happy and you know it WASH YOUR HANDS

G G D D D D D D C D E

If you're happy and you know it WASH YOUR HANDS

E E F F F F A A F F E E E D C C

If you're happy and you know it and you really want to show it

E E D D D C B B A B C

If you're happy and you know it WASH YOUR HANDS

HAPPY HAND ACTIONS

Repeat the song twice, and make these actions when you sing WASH YOUR HANDS



rub palms up and down, fingers closed



rub palms up and down, fingers open



rub the back of each hand, quickly once

just for fun - sing the **wash your hands song** twice, second time at double the speed.



MAKE A NOTE...

always wash your hands before eating and after going to the toilet



visit www.niehs.nih.gov/kids/lyrics/happyand.htm for sing-along music

